

AGORAPHOBIC COGNITIONS SCALE

To what extent do you fear the following:

	Not at all	A little	Moderate	Much	Very much
1. Fear of fainting	0	1	2	3	4
2. Fear of having a heart attack	0	1	2	3	4
3. Fear of another illness	0	1	2	3	4
4. Fear of dying	0	1	2	3	4
5. Fear of becoming helpless	0	1	2	3	4
6. Fear of going crazy	0	1	2	3	4
7. Fear of losing control	0	1	2	3	4
8. Fear that anxiety will be visible	0	1	2	3	4
9. Fear of making a scene	0	1	2	3	4
10. Fear of fear	0	1	2	3	4